



# Nouveau Medispa

## Patient Consent Form

REJUVAPEN SHOULD NOT BE USED BY PATIENTS UNTIL THERE HAS BEEN A COMPLETE DISCUSSION OF THE RISKS AND WRITTEN INFORMED CONSENT HAS BEEN OBTAINED FROM A HEALTHCARE PROVIDER.

I understand that most patients look as though they have a moderate to severe sunburn and my skin may feel warm and tighter than usual. Most patients usually recover within 1-3 days. Because the device may penetrate the skin there can be a risk of infection, if this occurs, a follow up appointment will be required for further treatment.

Initials: \_\_\_\_\_

Rejuvapen may not be used directly on any of the below conditions. I have disclosed any of the health concerns below that apply to me (please **check** all that apply):

<input type="checkbox"/>	Open sores/lesions	<input type="checkbox"/>	Cold sores
<input type="checkbox"/>	Broken/Irritated skin including conditions such as hives or dermatitis	<input type="checkbox"/>	Rosacea (pustular/nodular)
<input type="checkbox"/>	Skin cancer (any type)	<input type="checkbox"/>	Eczema
<input type="checkbox"/>	Raised surface	<input type="checkbox"/>	Accutane within last two months
<input type="checkbox"/>	Active Acne	<input type="checkbox"/>	Chronic use of NSAIDs
<input type="checkbox"/>	Skin infection of any kind	<input type="checkbox"/>	Autoimmune Medications/Therapies
<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Scleroderma
<input type="checkbox"/>	History of Keloid Scars	<input type="checkbox"/>	Filler injections in past four weeks
<input type="checkbox"/>	IPL or laser treatment in past four weeks	<input type="checkbox"/>	Neurotoxin Injection in past two weeks
<input type="checkbox"/>	Pregnant or nursing (circle)	<input type="checkbox"/>	Hemorrhagic disorder or Hemostatic dysfunction

Initials: \_\_\_\_\_

ReJuvaPen offers a new way for minimal invasive percutaneous collagen induction therapy in the field of aesthetic medicine. The application leads to a lot of very small punctual incisions into the skin, which starts a healing cascade which can also be observed during injuries. The cells release growth factors directly after the treatment, stimulating the production of collagen, elastic fibers and hyaluronic acid. This leads to an improvement of the appearance of the skin.

I understand that the fine needles induce the production of the body's own collagen. Therefore, the needles penetrate the epidermis (top layer of the skin) and cause micro injuries. Due to the wound healing process a lot of different healing factors are released into the skin. This process will take place during 12-16 weeks after the treatment. For an optimal result, more than one treatment can be necessary.

**Redness and swelling:** During the first days after the treatment redness and swelling can occur. This is because the needle penetration does force micro lesions which will disappear during the healing process. The wounds will be closed very quickly and about three hours after the treatment an appropriate makeup can be used.

**Keloid:** If you have a tendency to form keloid scars, the micro lesions which are caused during the microneedling can also lead to keloids.

**Hyperpigmentation:** It is very rare but possible that hyperpigmentation occurs in the treated skin area, e.g. after excessive sun exposure. A sun protection factor of 30+ can prevent this.

**Herpes Simplex:** If you already suffer from herpes simplex, the microneedling treatment can force it once more. A premedication can prevent this.

I confirm that pictures of the treated area can be taken to document the results. These pictures are owned by the Physician and Nouveau; which can be used for the purpose of presentations, studies or for advertisement.

My clinical history has been discussed and possible contra indications have been precluded. During the last 4-6 months prior to the treatment I have not gone through dermabrasion, surgery or radiation therapy in the treatment area.

The practice of medicine and surgery is not an exact science. Although good results are expected, there is not a guarantee or warranty expressed or implied as to the results that may be obtained. There are variable conditions, risks and potential complications that may influence the long-term results from microneedling treatment. Your nurse or aesthetician may provide you with additional or different information that is based on all the facts in your particular case or state of medical knowledge. Informed consent documents are not intended to define or serve as the standard of medical care. Standards of medical care are determined on the basis of the facts involved in an individual case and are subject to change as scientific knowledge and technology advances and as practice evolves.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_



## Patient Home Preparation

- No Retin-A products or applications for 72 hours prior to treatment
- No Hydroquinone 72 hours prior to treatment
- No alcohol 24 hours prior to treatment
- Micro-needling may trigger a cold sore response in patients and a prophylaxis anti-viral medication is suggested for those who are prone to outbreaks.
- No auto-immune therapies or products 12 hour prior to treatment
- No prolonged sun exposure or sun burns to the treatment area 24 hours prior to treatment.
- Skin should be clean and make-up free
- Contact your provider if an active or extreme breakout occurs before treatment.

## Post Treatment Home Care

- A. Wash the face thoroughly a few hours after treatment.. Gently wash the face with tepid water and a gentle cleanser and remove all serum and debris such as dried blood. This will improve the appearance of the skin and also allow for better subsequent absorption of post procedure serum. Oxygenetix can be applied post treatment. Mineral makeup may be applied the following day.
- B. For the first three days the skin will be very dry and feel tight. Frequent use of RP Copper Complex Cream or other hydrating products will help alleviate this. Use sunscreen daily. Physical sunscreen is recommended.
- C. After 2-3 days patients may return to regular skin care products (or as soon as it is comfortable to do so). Vitamin A products, antioxidants, and growth factors are optimal and suggested.
- D. Avoid alcohol based toners for 10-14 days.
- E. Avoid direct sun exposure for at least 10 days if possible. Use sunscreen daily.

## Recovery Timeline

Day 1: Erythema and red appearance and severity will depend upon the aggressiveness of treatment

Day 2: A red or pink hue persists like a moderate sunburn. Swelling may be more noticeable on second day.

Day 3: Skin can be pink or return to normal color. Swelling subsides

*NOTE: In areas where skin is treated aggressively it is normal to experience some light flaking or peeling.*

Please contact our office if there are any questions or concerns:

*Nouveau Medispa HAC 302-235-4961*