

Nouveau Medispa Botulinum Toxin Consent Form – Botox and Dysport

Please initial each section to indicate that you understand each topic.

Proposed Treatment: Injection of a purified toxin produced by the bacterium clostridium botulinum, into the specific muscle causes weakness or paralysis of that muscle. This results in relaxation of the muscle and improvement of the lines or wrinkles that the muscle action has formed. Initials_____

Anticipated Results: Response is usually seen in 2 – 14 days after injection. Typically, the muscle action (and wrinkles) will return in 3 – 5 months (This can vary from person to person. It is possible to see return of muscle action sooner). At this point, a repeat treatment can be done. Initials_____

Potential touch-up/adjustments: I understand that several sessions may be needed to complete the injection series and provide the desired results. I understand that there is a separate charge for any subsequent treatment. Initials_____

On label use: The FDA has approved the use of Botox Cosmetic for treatment between the eyebrows and around the eyes (crow's feet) or Dysport for treatment between the eyebrows. Injections in other areas to improve the appearance of facial lines can be done, but the FDA has not approved those uses. Initial_____

Risks and complications: Possible side effects include transient headaches, swelling, bruising, pain after injection, twitching, itching, numbness, asymmetry (unevenness), temporary drooping of eyelids or eyebrows. Botulinum Toxin Type A may cause serious side effects that can be life threatening. The effects of Botulinum Toxin Type A may spread from the area of injection in the neck to produce symptoms consistent with botulinum toxin effects. These symptoms have been reported hours to weeks after injection. Swallowing and breathing difficulties can be life threatening, and there have been reports of death. Dysport should not be used if you have a cow's milk protein allergy. I understand that if I have a history of Herpes Simplex that these injections may increase the risk of a cold sore breakout. As with any injection there is an extremely rare risk of infection, scarring, and pigmentation changes. Initial_____

Bruising may occur after injection. Substances that increase the risk of bruising include alcohol consumption, aspirin, vitamin E, Motrin and other non-steroidal anti-inflammatory drugs as well as prescriptive medications. Initial_____

I understand that there may be a higher possibility of side effects if I do not follow certain instructions and will adhere to these instructions for at least four hours from the time of treatment. These include:

- I will not manipulate or massage the treated area for at least four hours. Initial_____

Pregnancy and Neurological Disease: I understand that there are certain conditions where botulinum toxin treatments are not recommended. These include:

- Neurological disease, such as myasthenia gravis
 - Pregnancy or breast feeding
- None of the conditions above apply to me. Initial_____

Limitations and alternatives: Botulinum toxin is best at treating dynamic facial lines, those caused by muscle activity; lines that appear at rest may or may not improve. A treatment may be effective for variable lengths of time with subsequent treatments, may not work as well or for as long as expected, or may not work at all. I have been informed of other alternatives as well as the option of non-treatment. Initial_____

Follow-up: I agree to follow-up in 2 weeks after my treatment or as instructed. I understand touch-up treatments may be necessary at this time. Initial_____

I consent to the use of the medication that the provider chooses and that the provider has the ultimate decision to use the medication deemed appropriate. Initial_____

I have read the above and understand it. I have requested that Dr.'s Chang, Thornton and/or Physician Assistant's Shannon Del Grande and Danielle Macaluso attempt to improve my facial lines or excessive sweating with botulinum toxin type A. I accept the risks and complications of this treatment.

Patient Name: _____ Signature: _____ Date: _____



Neurotoxin Post-Treatment Guidelines

Please adhere to the following instructions after your neurotoxin injection:

- Remain vertical for 4 hours after your treatment
- Avoid manipulating the treated areas for 4 hours to avoid potential spreading of the toxin to adjacent muscle groups.
- Refrain from strenuous exercise and yoga 24 hours after the treatment. Strenuous exercise within 24 hours of injection has been shown to be metabolized by the body.
- Expect to have localized bruising and swelling.
- The onset of action can vary between 48 hours to seven days.
- Make-up can be applied after the procedure.
- Note that any bumps or marks from the extremely small needle sticks will go away within 30-60 minutes. Bruises that may occur will resolve like any other bruise.'
- Results of your treatment may take up to 14 days to take full effect although many people will recognize the benefits in 3-7 days after treatment.
- Recovery of the muscle function almost always occurs and complete muscle paralysis without alteration in cutaneous sensation lasts between 3-4 months. Upon reappearance of muscular activity, reinjection is undertaken and eventually weakening and atrophy of the muscle can occur.

If you have any questions or concerns, please contact either of the following locations.

774 Christiana Road
Newark, DE 19713
302-355-1123

100 Fitness Way
Hockessin, DE 19707
302-235-4961