

Exilis Non-ablative Radio Frequency Consent Form

PATIENT NAME:

Date:

Nouveau Medispa staff has explained the nature of my condition, the nature of the procedure and its alternative treatments, and the benefits to be reasonably expected compared with alternative approaches. This document is a written confirmation of this discussion.

Exilis cannot be performed on individuals with a pacemaker or artificial pump device. I acknowledge that I have no artificial devices in my body.

Just as there may be benefits to the procedure proposed, I understand that all procedures involve risks to some degree.

Pain – Some people may feel some pain with this treatment. The discomfort is usually temporary, lasting only a few seconds.

Reddening – Treatment may cause a reddening of the area. The reddening will go away in one to two hours after treatment. In some instances, the redness can persist for several weeks but is extremely uncommon.

Swelling – Treatment may cause swelling, which will usually go away in 3 to 5 days or less but is extremely uncommon.

Bruising – Treatment may cause bruising, but this is extremely uncommon.

Pigment Changes – Very uncommonly, the treated area may heal with increased or decreased pigmentation (skin coloring). This occurs most often with darker pigmented skin and after exposure of the area to sun. You may have experienced this type of reaction before and noticed it with minor cuts or abrasions. The treated area must be protected from exposure to the sun (sunscreen for 2-3 weeks after treatment) to minimize the chances of too much pigmentation (hyperpigmentation). However, in some subjects, hyperpigmentation may occur even if the area has been protected from the sun. These spots usually fade in three to six months; however, in some cases, the pigment change is permanent. A reduction in pigment (hypopigmentation) is also possible, but this is a very uncommon effect.

Blistering/Burns – The procedure may produce heating in the upper layers of the skin, resulting in blister formation. The blisters, which are uncommon, usually clear within two to four days.

Scabbing – A scab or crust may develop after the blister forms. The scabbing disappears during the natural wound healing process of the skin over 5 to 10 days.

Infection – This is rare following treatment if proper care is taken after the procedure.

Scarring – There is a small chance of skin scarring because of the heat delivered to the skin. The types of possible scars include raised scars or slightly depressed scars. Scarring is a possibility but extremely uncommon.

Altered Sensation – There may be altered sensation or permanent or transient nerve damage at the treatment side. However, this is extremely unlikely because the system has been designed to deliver a controlled application of energy to the tissue.

Eye Shields – If you are having Exilis of the eyes, you consent to the placement of plastic eye shields as well as understand the risks associated with eye shields.

Noticeable Difference – Because all individuals are different, it is not possible to completely predict who will benefit from treatment with the Exilis device. Some patients will have terrific results, while others may have little or no improvement. Your physician has tried to predict as carefully as possible how you will do with treatment, but by signing this consent form, you acknowledge that guarantees as to the final results of your treatment have not been made. It is also possible that additional treatments may be required. It is important to be aware that there is a fee associated with these additional procedures.

I am aware that other unexpected risks or complications may occur and that no guarantees or promises have been made to me concerning the results of any procedure or treatment. It has also been explained that during the course of the proposed procedures, unforeseen conditions may be revealed requiring performance of additional procedures.

I agree to have photographs taken for documentation as well as teaching and research purposes, as well as for possible use in publications.

I have read this form and have discussed it with my physician and I understand it.

I request the performance of the procedure(s) described above.

Patient Signature

Date

I have explained the above statements to the patient and answered all questions.

Physician Signature/Clinical Staff Signature

Date

Nouveau Medispa

Exilis Treatment Instructions

*The day of treatment, your face will be washed if applicable and treatment to the prescribed area will take place. Makeup can be applied immediately after.

*Exilis is contraindicated in patients with a pacemaker, pregnant or lactating women.

*Patients are encouraged to be well hydrated the day before and the day of their treatment.

*Most patients will have transient redness that will last from a few minutes to an hour or possibly longer.

*Some patients will feel their skin as warm immediately after the treatment but this will dissipate quickly.

*Treatment may leave some patients with tenderness to touch of the area for a few hours or longer especially near a bony prominence.

*Exilis is recommended in a series of no less than 4 treatments for mild skin laxity issues to 6 treatments for areas of more significant laxity. In addition, clients with moderate to severe laxity may require more than 6 treatments.

*Treatments should be spaced 7 – 14 days apart.

*To maintain your results, you can undergo a maintenance treatment after your series every 6 – 9 months.

*Final results of Exilis can take 3 – 6 months after the last treatment. Tightening may be seen sooner, but the final result cannot be evaluated for months.

*Preserve your results with judicious use of sun block (Obagi SPF 50) as well as following a skin care program specifically designed for anti-aging and collagen rebuild.